



5<sup>th</sup> Annual Palm Harbor Spring Fling  
5k Race and 1 mile Fun Run for



# Elisa's Greatest Wishes



Helping Kids be Kids



Helping Kids be Kids

In cooperation with the Pinellas Education Foundation a not-for-profit, 501 (c) (3) organization

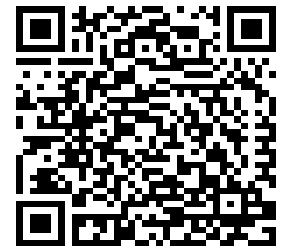


## April 13<sup>th</sup>, 2019 at Wall Springs Park

5k race starts at 8am; 1 mile fun run starts at 9am

Sponsorship Opportunities Available at [ElisasGreatestWishes.org](http://ElisasGreatestWishes.org) or contact us at [ElisasGreatestWishes@gmail.com](mailto:ElisasGreatestWishes@gmail.com)

Register on Active.com- <https://www.active.com/palm-harbor-fl/running/distance-running-races/palm-harbor-spring-fling-5k-race-and-1-mile-fun-run-2019?int=>



Shirts guaranteed to those registered by 4/1; after 4/1 as available		
5k race adult early registration- \$30 until 4/1	\$35 prior to race	\$40 day of race
5k 12 years old and under - \$15 until 4/1	\$18 prior to race	\$20 day of race
1 mile fun run \$12 in advance / \$15 day of race		

Elisa's Greatest Wishes- 3483 Alternate 19. Palm Harbor. FL 34683

Runner

Name-

Age on 4/21-

Address

email

Emergency Contact Name

Emergency #

Race

Shirt Style-

Size-

5k or 1M

Boy / Girl / Men / Woman / Woman sleeveless

S M L XL XXL

Every runner must sign the waiver on the reverse side

Elisa's Greatest Wishes can be reached via-

Pinellas Education Foundation  
12090 Starkey Road  
Largo, FL 33773  
(727) 588-4816

[ElisasGreatestWishes.org](http://ElisasGreatestWishes.org)

Stationery background is from Elisa's memorial mural entitled "My Greatest Wishes" located at Palm Harbor Middle School. Artist - Steve Spathef

David Nelson Construction  
3483 Alternate US 19  
Palm Harbor, FL 34683  
(727) 784-7624

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## April 13, 2019 - Wall Springs Park

### Participant/Volunteer Waiver for the Palm Harbor Spring Fling 5K Race and 1 Mile Fun Run

I, \_\_\_\_\_, am aware that running or walking a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever.

I assume all risks associated with walking or running in the Palm Harbor Spring Fling, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and traffic and the conditions of the road, all such risks being known and appreciated by me. I attest that I will abide by all race rules and adhere to the course directors.

I hereby waive and release the Palm Harbor Spring Fling, Elisa's Greatest Wishes, the town of Palm Harbor, Pinellas County, A Political Subdivision of the State of Florida and all of its departments, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant Name

Date

Participant or Parent/Legal Guardian Signature

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